THE UNITED REPUBLIC OF TANZANIA

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(To be filled in by patient's Office /Division and filed when completed)

To Office in Medical Charge of	
Mr./Mrs/Miss	. Designation is sent here
	treatment in terms of General Orders. Appendix
Date Time	Signature of Authorize Officer
StationOffic	ce/Division/Ministry
2. To Officer –in-Charge	Office/Division/Ministry
I hereby certify that Mr./Mrs/Miss	is under treatment and
Is able /unable* to follow his/her occupation. He /S	he is admitted to Hospital/treatment in Quarters/to attend
Vie	
Date19Time	Signature of Officer in Medical Charge
*Deleted whichever inapplicable	Hospital/Rural Health Centre/
pagagagame tracking solutional in authorized to the control of the	Clinic/Dispensary
3. I hereby certify that Mr. /Mrs /Miss	has now sufficiently.
Recovered to resume his/her occupation	
Date20	Signature of Officer in Medical Charge
4days excuse duty granted.	days light duty granted.
Date20	Initials

RECORD OF ATTENDACES AND VISITS

Dat	e	Time	Remarks	Signature of Medical Officer or Visitor
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	English Secretary	mana Chirades		

INSTRUCTIONS

(a) The sick sheet is to be used in all departments for all government officers, subordinate staff and employees.

(b) A supply will be kept by all departments and by officers in medical charge (for use in case of direct applications for treatment in which case the sheet all be sent by the patient to the Head of Office/Division/Ministry for signature)

(c) For each new illness a fresh sheet will be issued.

(d) The sheet be signed at least twice in each week by the Officer in medical charged of the case and if so desired, by anyone detailed for the purpose by the department concerned, except when admitted to hospital.

P.(L)DSM